



I. Fighting World Undernutrition on a Personal Level

If you want to do something about world and domestic undernutrition, consider the following activities. It is a noble act to try to make a difference, even if you make just one small step. As with any change in behavior, do not try to do too many things at once. Try one or two activities that represent your commitment to solving this problem.

1. Volunteer at a local soup kitchen or homeless shelter for a period of time (1 month, for example). What insights did you gain?
2. Coordinate the efforts of a campus organization to donate some money to a voluntary agency that does antihunger work, such as the following:

Bread for the World
802 Rhode Island Ave., NE
Washington, DC 20018

Oxfam America
115 Broadway
Boston, MA 02116

Save the Children Foundation
P.O. Box 970
Westport, CT 06881

Earth Save Foundation
1509 Suite B1 Seabright Ave.
Santa Cruz, CA 95062

Catholic Relief Services
209 W. Fayette St.
Baltimore, MD 21201

CARE
650 First Ave.
New York, NY 10016

Second Harvest
116 Michigan Ave., Suite #4
Chicago, IL 60603

3. Make a contribution of nonperishable foods to the ongoing offering at a place of worship near you. If such an offering does not exist, start one.
4. Get on a food recovery program's mailing list, read its newsletters for information on upcoming fund-raisers and other activities, become involved.
5. Participate in food drives organized by local grocery stores by contributing food or services. Food-drive organizers may need volunteers to transport the donations from the store to a food pantry. Pay special attention to events around World Food Day, October 16.
6. Point, click, and fight hunger. Internet users can find information on hunger at several sites, including the following:
 - Someone somewhere dies of hunger every 3.6 seconds. You can help stop the clock: go to www.thehungersite.com and click on Donate Free Food to send a meal to a needy someone. This site is affiliated with the UN World Food Program, which tracks the number of clicks and then sends a bill to one of its corporate or nonprofit sponsors.
 - HungerWeb, at Brown University, offers information on hunger research, programs, mailing lists, education, advocacy, and an overview of the Alan Shawn Feinstein World Hunger Program at Brown. This site contains web links to Internet sites run by the UN, U.S. AID, and the World Bank. www.brown.edu/Departments/World_Hunger_Program/
 - The Food and Agriculture Organization of the United Nations has worked to alleviate poverty and hunger by promoting agricultural development, improved nutrition, and the pursuit of food security. This website will keep you up-to-date on recent issues and provides an extensive list of publications related to food security: www.fao.org
 - America's Second Harvest, the largest domestic hunger-relief organization, shows you how to help online and has information about the latest updates. www.secondharvest.org
 - Bread for the World is a nationwide Christian citizens' movement seeking justice for the world's hungry people by lobbying our nation's decision makers. www.bread.org
 - CARE is one of the world's largest private international relief and development organizations, with the goal of saving lives, building opportunity, and bringing hope to people in need. www.care.org

II. Joining the Battle Against Undernutrition

Imagine that you recently spent your summer vacation in a developing country and saw evidence of undernutrition and hunger. Then imagine that you are now asking a large corporation to support your efforts to ease hunger and suffering in this area. Develop a two-paragraph statement outlining why addressing hunger issues in this area is important. Include how you think a large corporation could assist you in your efforts.