

1	Skin cancer is the most common form of cancer in our	11
2	country. It strikes quite frequently. The statistics show	23
3	about one out of every seven people are stricken with the	34
4	disease each year. There are many different types of skin	46
5	cancers, but they are distinguished by an abnormal growth	58
6	of cells in a layer or layers of the skin. The good news	69
7	is that just about nine out of ten cases of skin cancer can	81
8	be cured with early treatment and detection.	90
9	Much has been written about the impact the sun has on	101
10	the skin. The aging factor that the sun has on the skin is	113
11	obvious. What is not so clear is exactly how much exposure	125
12	to the rays of the sun is safe. Can a person still enjoy	137
13	being outside without constantly being concerned about skin	149
14	cancer? The answer is not a simple one since different	160
15	parts of the body react in different ways to the sun. For	172
16	example, the neck and back are usually more of a problem	183
17	for men. For women, the problem area seems to be the legs.	195
18	Sun screens are always a good idea, but they shouldn't	207
19	lull you into a false sense of security. In your zest for	218
20	the perfect tan, you must realize that there are some real	230
21	risks involved. While your skin may not burn because you	242
22	have applied a good sun screen, this does not mean that you	254
23	are fully protected from developing skin cancer. As in	265
24	many aspects of life, moderation is usually the best idea.	277
25	Use common sense and a good sun block to protect yourself	289
26	from the sun; reapply sun screen every hour or even more.	300
	1 2 3 4 5 6 7 8 9 10 11 12	