8. We will use a ratio to solve this problem. The quantity of sugar required for 10 people has the same relationship to the quantity of sugar required for 8 people as 10 does to 8 .

$$
\begin{array}{ll}
Q_{10} / Q_{8} & =10 / 8 \\
Q_{10} /(200 \mathrm{mg}) & =10 / 8
\end{array}
$$

We want to get $Q_{10}$ isolated on the left hand side of the equation, so we multiply both sides by 200 milligrams

$$
\begin{aligned}
\mathrm{Q}_{10}(200 \mathrm{mg}) /(200 \mathrm{mg}) & =(10)(200 \mathrm{mg}) / 8 \\
\mathrm{Q}_{10} & =2000 \mathrm{mg} / 8 \\
\mathrm{Q}_{10} & =250 \mathrm{mg}
\end{aligned}
$$

You can check that the answer conforms to your expectations since the amount required for ten people is greater than that required for eight people, as you would expect.

