

Self-Assessment Log

Check (✓) the words and expressions that you learned in this chapter.

Nouns

- | | | |
|---------------------------------------|--|-----------------------------------|
| <input type="checkbox"/> post | <input type="checkbox"/> look forward to something | <input type="checkbox"/> perfect |
| <input type="checkbox"/> social media | <input type="checkbox"/> post | <input type="checkbox"/> slender |
| <input type="checkbox"/> text message | <input type="checkbox"/> stay/keep in touch with | <input type="checkbox"/> straight |
| <input type="checkbox"/> updates | <input type="checkbox"/> text | <input type="checkbox"/> thin |
| | | <input type="checkbox"/> typical |

Verbs

- call someone back
- come by
- get together with someone
- grow up
- have to
- leave a message

Adjectives

- amazing
- casual
- curly
- friendly
- heavy
- light
- medium-sized

Expressions

- by email/phone
- for free
- Isn't it?
- It sure is!
- once a week
- on Facebook/Skype

Check (✓) the things you did in this chapter. How well can you do each one?

	Very well	Fairly well	Not very well
I can listen for main ideas.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can listen for specific information.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can guess the meanings of words from context.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can identify and use stress and reductions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can research new words online.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can start and end conversations.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can listen for information on voicemail.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can understand descriptions of people.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can describe people.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Write about what you learned and what you did in this chapter.

In this chapter,

I learned _____

I liked _____
