

Table 6. EIGHT WAYS

<i>Type</i>	<i>Description</i>	<i>Likes to. . .</i>
Verbal/Linguistic Learner	Intelligence is related to words and language, written and spoken.	read, write, tell stories, play word games, and tell jokes and riddles.
Logical/Mathematical Learner	Intelligence deals with inductive and deductive thinking and reasoning, numbers, and abstractions.	perform experiments, solve puzzles, work with numbers, ask questions, and explore patterns and relationships.
Visual/Spatial Learner	Intelligence relies on the sense of sight and being able to visualize an object, including the ability to create mental images.	draw, build, design, and create things, daydream, do jigsaw puzzles and mazes, watch videos, look at photos, and draw maps and charts.
Naturalistic Learner	Intelligence has to do with observing, understanding, and organizing patterns in the natural environment.	spend time outdoors and work with plants, animals, and other parts of the natural environment; good at identifying plants and animals and at hearing and seeing connections to nature.
Musical/Rhythmic Learner	Intelligence is based on recognition of tonal patterns, including various environmental sounds, and on sensitivity to rhythm and beats.	sing and hum, listen to music, play an instrument, move body when music is playing, and make up songs.
Bodily/Kinesthetic Learner	Intelligence is related to physical movement and the brain's motor cortex, which controls bodily motion.	learn by hands-on methods, demonstrate skill in crafts, tinker, perform, display physical endurance, and challenge self-physically.
Interpersonal Learner	Intelligence operates primarily through person-to-person relationships and communication.	have lots of friends, talk to people, join groups, play cooperative games, solve problems as part of a group, and volunteer help when others need it.
Intrapersonal Learner	Intelligence is related to inner states of being, self-reflection, metacognition, and awareness of spiritual realities.	work alone, pursue own interests, daydream, keep a personal diary or journal, and think about starting own business.

OF LEARNING

<i>Is Good at. . .</i>	<i>Learns Best by. . .</i>	<i>Famous Learners</i>
memorizing names, dates, places, and trivia; spelling; using descriptive language; and creating imaginary worlds.	saying, hearing, and seeing words.	Maya Angelou—poet Abraham Lincoln—U.S. President and statesman Jerry Seinfeld—comedian Mary Hatwood Futrell—international instructor, leader, orator
math, reasoning, logic, problem solving, computing numbers, moving from concrete to abstract, thinking conceptually.	categorizing, classifying, and working with abstract patterns and relationships.	Stephen Hawking—physicist Albert Einstein—theoretical physicist Marilyn Burns—math educator Alexa Canady—neurosurgeon
understanding the use of space and how to get around in it, thinking in three-dimensional terms, and imagining things in clear visual images.	visualizing, dreaming, using the mind's eye, and working with colors and pictures.	Pablo Picasso—artist Maria Martinez—Pueblo Indian famous for black pottery Faith Ringgold—painter, quilter, and writer I.M. Pei—architect
measuring, charting, mapping, observing plants and animals, keeping journals, collecting, classifying, participating in outdoor activities.	visualizing, hands-on activities, bringing outdoors into the classroom, relating home/classroom to the natural world.	George Washington Carver—agricultural chemist Rachel Carson—scientific writer Charles Darwin—evolutionist John James Audubon—conservationist
remembering melodies; keeping time; mimicking beat and rhythm; noticing pitches, rhythms, and background and environmental sounds.	rhythm, melody, and music.	Henry Mancini—composer Marian Anderson—contralto Midori—violinist Paul McCartney—singer, songwriter, musician
physical activities such as sports, dancing, acting, and crafts.	touching, moving, interacting with space, and processing knowledge through bodily sensations.	Marcel Marceau—mime Jackie Joyner-Kersey—Olympic gold medalist in track and field Katherine Dunham—modern dancer Dr. Christian Bernard—cardiac surgeon
understanding people and their feelings, leading others, organizing, communicating, manipulating, mediating conflicts.	sharing, comparing, relating, cooperating, and interviewing.	Jimmy Carter—U.S. President and statesman Eleanor Roosevelt—former first lady Lee Iococca—president of Chrysler Corporation Mother Teresa—winner of Nobel Peace Prize
understanding self, focusing inward on feelings/dreams, following instincts, pursuing interests, and being original.	working alone, doing individualized projects, engaging in self-paced instruction.	Marva Collins—educator Mara Montessori—educator and physician Sigmund Freud—psychotherapist Anne Sexton—poet