

Peak Performance

Chapter 8 - Expressing Yourself in Writing and Speech

- I. The Importance of Writing and Speaking**
- II. Preparation for Writing**
- III. Organizing a Writing Plan**
- IV. Writing Strategies**
- V. Editing**
- VI. Review and Assessment**
- VII. Using the Library for Research**
- VIII. Taking Your Search Online**
- IX. Public Speaking Strategies**